



WETSUIT SUGGESTED SIZE CHARTS

PLEASE NOTE 5MM SUITS RUN SLIGHTLY SMALL. IF YOUR DIMENSIONS ARE NEAR THE TOP OF THE SUGGESTED RANGE PLEASE SELECT THE NEXT SIZE UP.

| Size | Weight (lbs) | Weight (kgs) | Height (ft. in.) | Height (cm) | Chest (in.) | Chest (cm) | Waist (in.) | Waist (cm) | Hip (in.) | Hip (cm) |
|---------------------|---------------|--------------|------------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|
| 52 / Small | 132 - 154lbs | 60 - 70kg | 5'6 - 5'8 | 168 - 173cm | 36.5 - 38.5" | 93 - 98cm | 28.5 - 30.5" | 73 - 78cm | 34.5 - 36.5" | 88 - 93cm |
| 54 / Medium | 154 - 176lbs | 70 - 80kg | 5'8 - 5'10 | 173 - 178cm | 38.5 - 40.5" | 98 - 103cm | 30.5 - 32.5" | 78 - 83cm | 36.5 - 38.5" | 93 - 98cm |
| 56 / Large | 176 - 198lbs | 80 - 90kg | 5'10 - 6'0 | 178 - 183cm | 40.5 - 42.5" | 103 - 108cm | 32.5 - 34.5" | 83 - 88cm | 38.5 - 40.5" | 98 - 103cm |
| 58 / X-Large | 198 - 220lbs | 90 - 100kg | 6'0 - 6'2 | 183 - 188cm | 42.5 - 44.5" | 108 - 113cm | 34.5 - 36.5" | 88 - 93cm | 40.5 - 42.5" | 103 - 108cm |
| 60 / XXL | 220 - 243lbs | 100 - 110kg | 6'2 - 6'4 | 188 - 193cm | 44.5 - 46.5" | 113 - 118cm | 36.5 - 38.5" | 93 - 98cm | 42.5 - 44.5" | 108 - 113cm |
| 62 / XXXL | 243 - 265lbs | 110 - 120kg | 6'4 - 6'6 | 193 - 198cm | 46.5 - 48.5" | 118 - 123cm | 38.5 - 40.5" | 98 - 103cm | 44.5 - 46.5" | 113 - 118cm |
| 64 / XXXXL | 265 - +289lbs | 120 - +130kg | 6'6 - +6'8 | 198 - +203cm | 48.5 - +50.5" | 123 - +128cm | 40.5 - +42.5" | 103 - +108cm | 46.5 - +48.5" | 118 - +123cm |

| Size | Weight (lbs) | Weight (kgs) | Height (ft. in.) | Height (cm) | Chest (in.) | Chest (cm) | Waist (in.) | Waist (cm) | Hip (in.) | Hip (cm) |
|---------------------|--------------|--------------|------------------|-------------|--------------|-------------|--------------|------------|--------------|-------------|
| 50 / X-Small | 110 - 121lbs | 50 - 55kgs | 5'1 - 5'3 | 155 - 160cm | 31.5 - 33.5" | 80 - 85cm | 21.5 - 23.5" | 55 - 60cm | 33.5 - 35.5" | 85 - 90cm |
| 52 / Small | 121 - 132lbs | 55 - 60kgs | 5'3 - 5'5 | 160 - 165cm | 33.5 - 35.5" | 85 - 90cm | 23.5 - 25.5" | 60 - 65cm | 35.5 - 37.5" | 90 - 95cm |
| 54 / Medium | 132 - 143lbs | 60 - 65kgs | 5'5 - 5'7 | 165 - 170cm | 35.5 - 37.5" | 90 - 95cm | 25.5 - 27.5" | 65 - 70cm | 37.5 - 39.5" | 95 - 100cm |
| 56 / Large | 143 - 154lbs | 65 - 70kgs | 5'7 - 5'9 | 170 - 175cm | 37.5 - 39.5" | 95 - 100cm | 27.5 - 29.5" | 70 - 75cm | 39.5 - 41.5" | 100 - 105cm |
| 58 / X-Large | 154 - 165lbs | 70 - 75kgs | 5'9 - 5'11 | 175 - 180cm | 39.5 - 41.5" | 100 - 105cm | 29.5 - 31.5" | 75 - 80cm | 41.5 - 43.5" | 105 - 110cm |

*JBL's size chart is for use as a general guide for stock size items only. If your measurements fall in between sizes, we suggest choosing the next largest size. Size availability varies per style.

** Please note 5mm suits run slightly small. If your dimensions are near the top of the suggested range please select the next size up.